



Sundie Marquardt

Life and Career Coach, Speaker and Facilitator

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AN INTRODUCTION

With more than 20 years of career and life coaching experience, Sundie has worked with over 10,000 clients, spoken on countless stages, and trained corporate groups on career growth, leadership development, and company culture.

Known for being professional, strategic, and approachable, Sundie works with clients and consultants to find their own "lightbulb moments." With a background spanning the medical, pharmaceutical, financial, and entertainment industries, she leverages an extensive knowledge base that allows her to strategize and empathize in nearly any situation. Her approach injects inspiration and energy but also generates punctuated shifts in client confidence, leadership growth, and corporate team engagement. Sundie is a seasoned podcast host and keynote speaker with the ability to energize a room with her authentic messaging and sunny, upbeat personality.

SWEET SPOTS

- ▶ Career and Leadership Growth
- ▶ Speaker and Facilitator
- ▶ Communication Fundamentals
- ▶ Effective Management Styles
- ▶ Personal Brand Development
- ▶ Confidence and Unique Value



COACHING FOCUS

In a perfect world, everyone would have a clear perspective of their purpose and how they spend the majority of their waking hours at work. How their strengths and passions align with career and life goals. A vision for where they are headed in life. But in reality? That can be daunting.

Sundie gives people the tools for career fulfillment by integrating proven tactics with the power of professional life and leadership coaching to clarify what matters and make it happen.

Sundie coaches on the intersection of life and work. Doing well in life affects work, and doing well in work affects life. Sundie coaches you as a whole person ... not one without the other.



CONTACT ME!

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