

ACP Well-being Champions (for pre-reading or reference)

- **[Design Your Own Well-being Program \(acponline.org/designwellbeing\)](https://acponline.org/designwellbeing)**  
Read the descriptive paper about the ACP Well-being Champions program and explore tools to create a well-being program tailored to any organization's needs and budget.
- **[ACP Well-being Champions with Example Projects](#)**  
The overall goal of the Well-being Champion program is to foster local communities of well-being by supporting chapter members, practices, and organizations in addressing burnout and the conditions that create it.
- **[Physician Well-being and Professional Fulfillment Page \(acponline.org/wellbeing\)](https://acponline.org/wellbeing)**  
Providing guidance and resources that foster communities of well-being for internal medicine physicians to best serve patients and optimize professional fulfillment.