

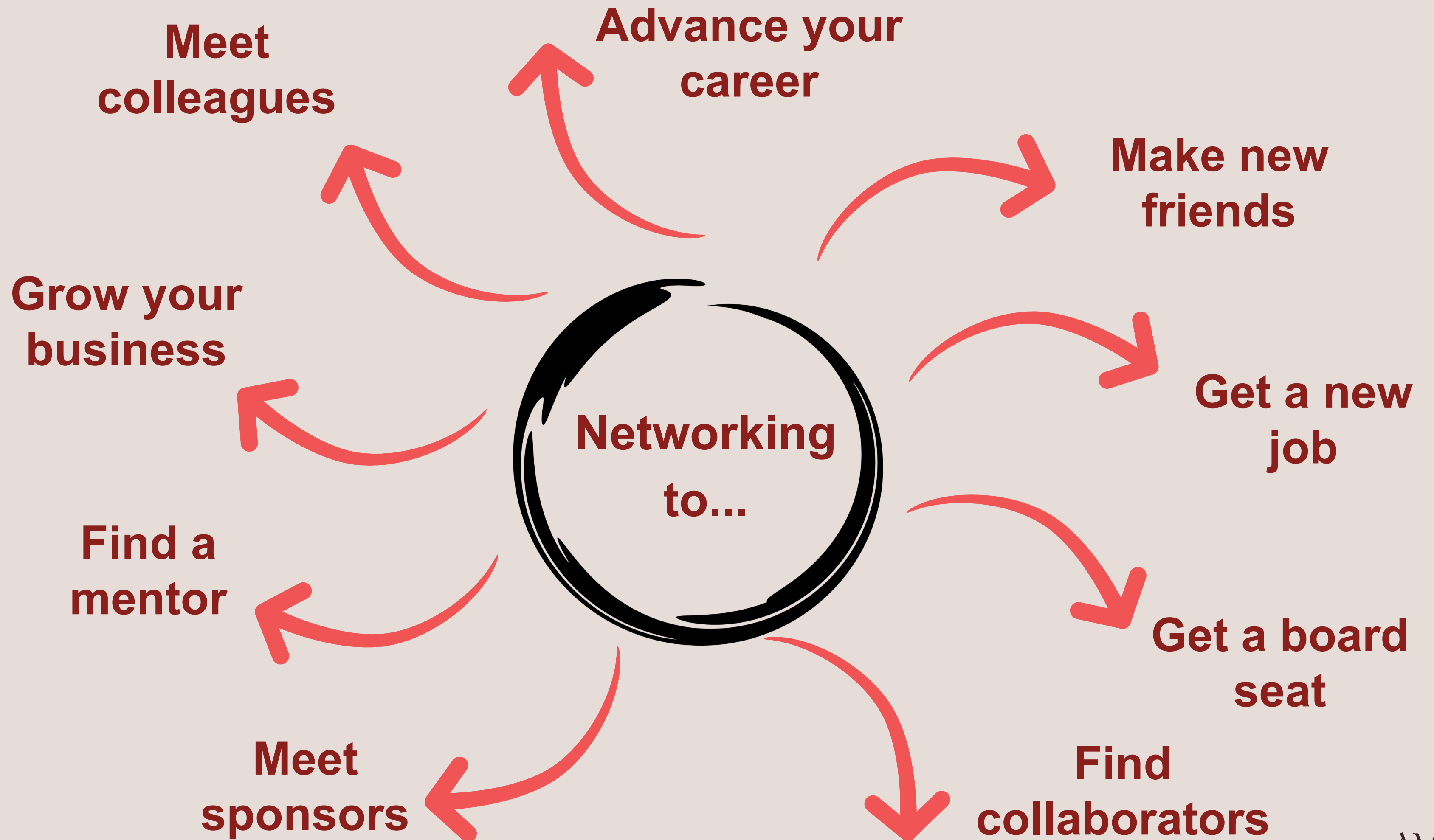


American Medical Women's Association

# Building Your Professional Identity and Increasing Your Network

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Executive Director  
American Medical Women's Association





# Goals & Values



## Networking Goals

What are you looking to achieve?

What kind of groups do you want to be a part of?

What kind of people are you seeking to add to your network?

What is your availability?

Is this for personal or professional goals?



## Know Your Values

What are your values?

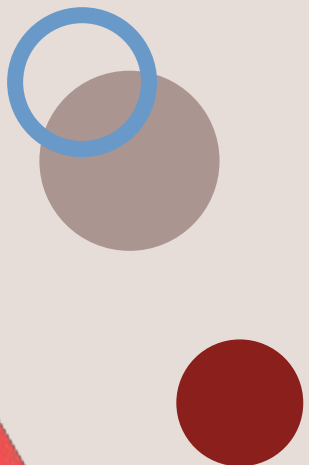
Resist the urge to conform

Ask questions

What kind of leader are you?

What do you value in your connections?

What is your Why?



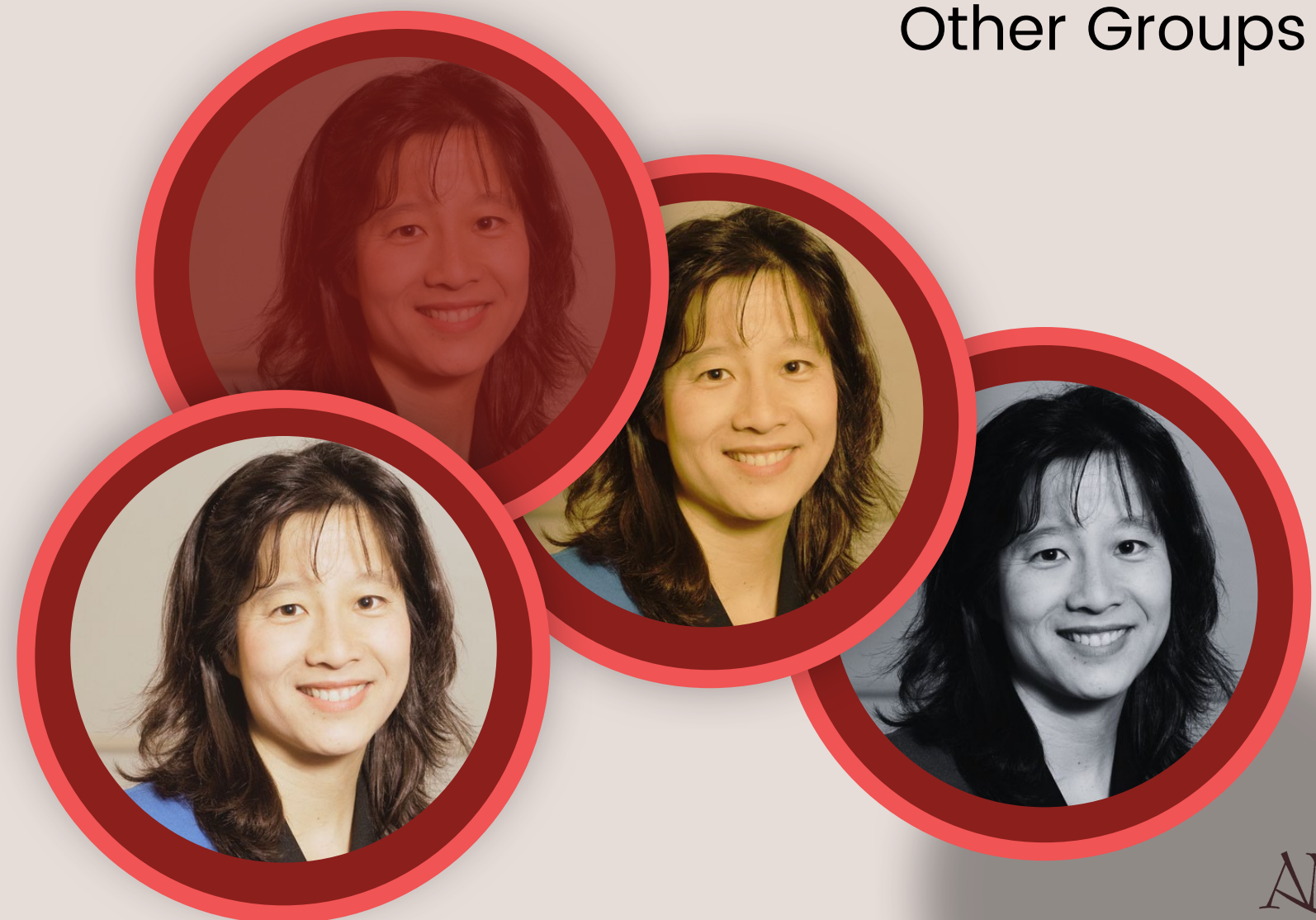
# Different Personas

Work

Family

Friend

Other Groups



# Build Your Professional Identity



**Know Your Strengths**



**Establish Thought Leadership**



**Offer Value**



**Join Committees or Work Groups**



**Follow Up**

# Networking

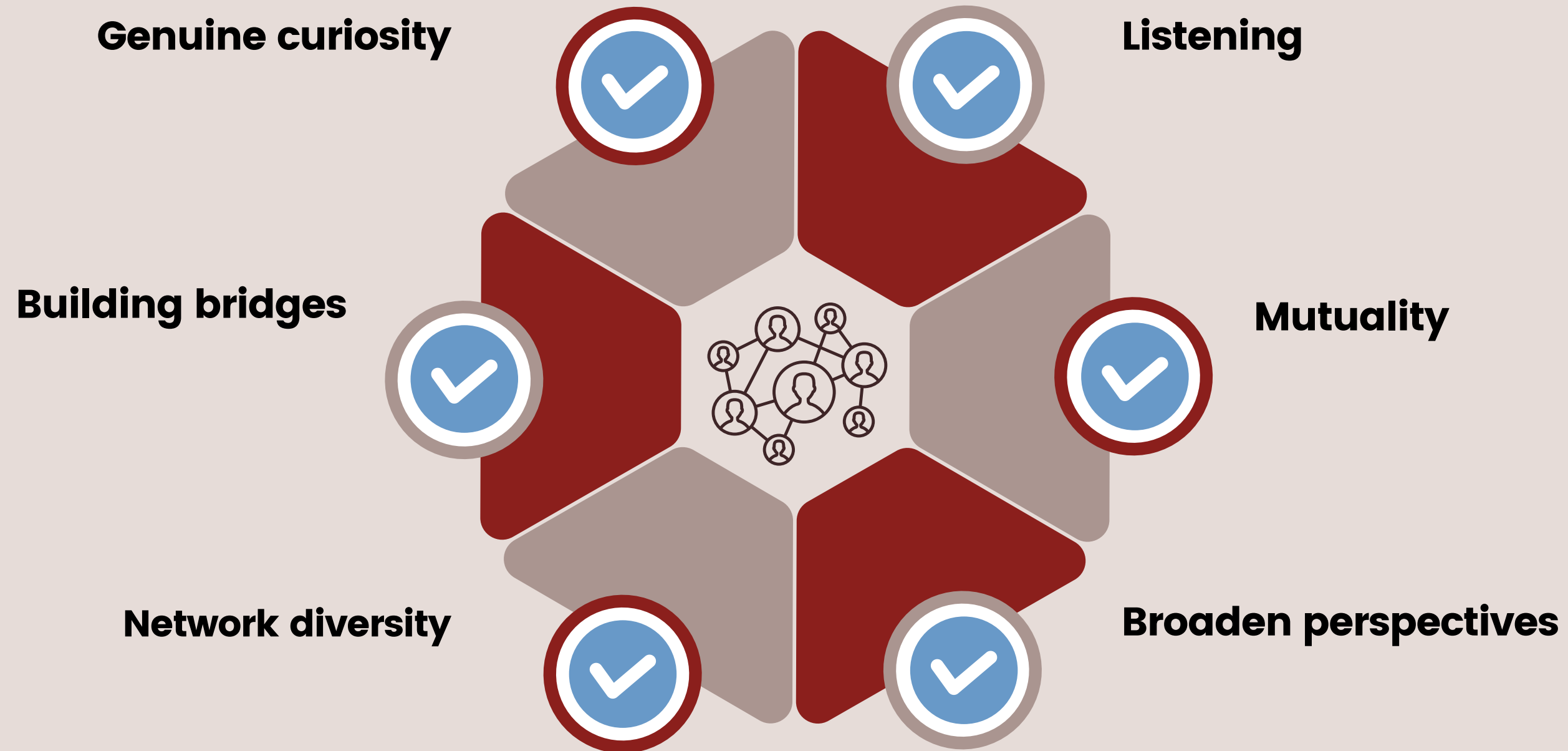
- ✓ PLAN
- ✓ EXCHANGE
- ✓ OFFER
- ✓ ENLARGE



Your Network = Your Value

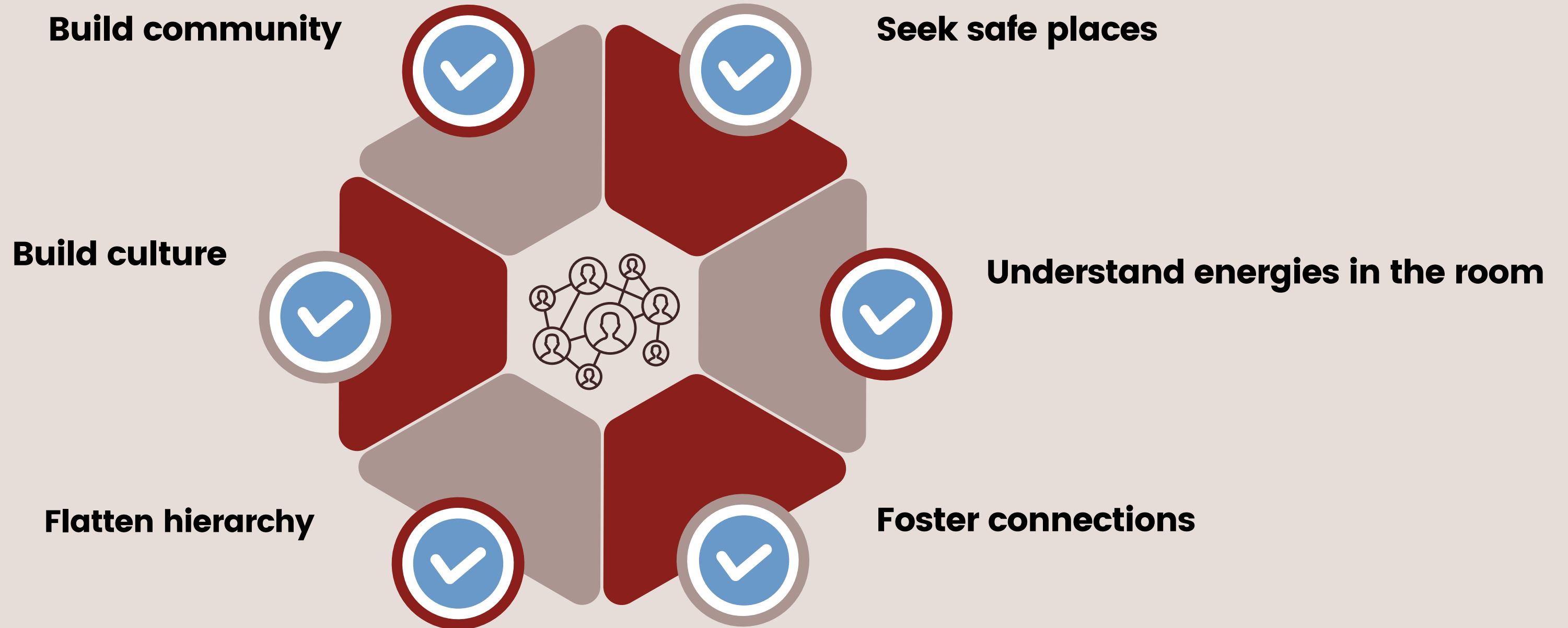
# Influence Skills

## Insights from CMPartners



# Relational Leadership

Insights from Intend Health's Relational  
Convening  
[www.intendhealth.org](http://www.intendhealth.org)



**Thank  
You**

