

Case: "Fitting the Mold"

39 year old board-certified occupational medicine physician, who is also a Black woman, desired to make a career change. She had over a decade of experience working with various employers, and managing her own practice, and was now considering becoming a corporate physician. Her colleague, self-described as her mentor, commented, when she presented this possibility, "I'm not sure you would be happy with this type of work." When she asked for clarification, he said "I'm not sure you fit the mold for what they would be looking for."

1. What should her response be in that moment? How (what modality) is it best to respond?
2. What should her next step be to pursue her goal of career transition?