# Women Physicians Leadership Academy





Medical, Education & **Scientific Foundation** 

#### **Facilitators**

Fall: Patrice Harris, MD **Spring:** Julie Silver, MD

# **Planning Workgroup Members**

- Bonnie Litvack, MD
- Maria Basile, MD
- Ani Bodoutchian, MD
- Ellen Braunstein, MD
- Linda Clark, MD
- Donna D'Alessio, MD
- Janine L Fogarty, MD

- Roberta Gebhard, DO
- Vilma Joseph, MD
- Sandhya Malhotra, MD
- Bernadette Riley, DO
- Stavroula Savelidis
- Jocelyn Young, DO
- Susan Zwanger, MD

#### MSSNY Staff

Pat Clancy, Sr. Vice President/Managing Director Emily Rento, Public Health Associate

#### **Accreditation Statement:**

The Medical Society of the State of New York is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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## Agenda – November 4, 2023

7:30-7:45 a.m.

Academy opens; people enter the academy.

7:45-7:55 a.m.

Welcoming remarks by MSSNY/MESF leadership

- ·Paul Pipia, MD, MSSNY President
- ·Charles Rothberg, MD, MESF Chair
- Bonnie Litvack, MD, WPLA Workgroup Chair
- ·Sandhya Malhotra, MD, WPLA Leadership Leader

7:55-8:05 a.m.

**Opening remarks by Patrice Harris, MD—Facilitator** 

8:05-8:35 a.m.

Laurie McGraw, NASDAQ Board Member - "Do Women Lead Differently"

8:35-9:00 a.m.

Shamiram R. Feinglass, MD, MPH, Senior Healthcare and MedTech Executive - "Developing Women Physicians"

9:00-9:30 a.m.

Panel Discussion and Q&A with Ms. McGraw and Dr. Feinglass led by Dr. Harris

9:30-9:45 a.m.

Break

9:45-10:30 a.m.

Panel Discussion with Past AMA Presidents Dr. Nancy Nielsen and Dr. Susan Bailey – Setting work and professional boundaries; defining your worth and leadership lessons. Discussion led by Dr. Harris

10:30-11:00 a.m.

Case Study and Group Discussion led by Linda Clark, MD

11:00-11:15 a.m.

Wrap up of all three sessions; What's ahead for Spring 2024

# Case Study: "Fitting the Mold"

39 year old board-certified occupational medicine physician, who is also a Black woman, desired to make a career change. She had over a decade of experience working with various employers, and managing her own practice, and was now considering becoming a corporate physician. Her colleague, self-described as her mentor, commented, when she presented this possibility, "I'm not sure you would be happy with this type of work." When she asked for clarification, he said "I'm not sure you fit the mold for what they would be looking for."

- 1. What should her response be in that moment? How (what modality) is it best to respond?
- 2. What should her next step be to pursue her goal of career transition?

# **Spring Session**

Facilitator: Julie Silver, MD 7:45-11:15 a.m.

## Saturday March 2, 2024 - The Importance of Networking

- The Importance of Strategic Networking
- Enhancing Your Emotional Intelligence and Overcoming Barriers
- Increasing Your Personal Wellness and Professional Fulfillment
- Breakout sessions, panels, and case studies

## Saturday March 9, 2024 - Physician Wellness

- Steps to Physician Wellness: Strategies to Incorporate Wellness and Live Your Best Life
- Challenges Women Face
- Services Available: MSSNY P2P program, CPH, ect.
- Breakout session, panels, and case studies

## **Saturday March 16, 2024 - Climbing the Career Ladder**

- Strategies to Advance Your Career and Practice
- Understanding Executive Leadership and C-Suite
- How to Focus on Wellness While Climbing the Career Ladder
- Breakout sessions, panels, and case studies