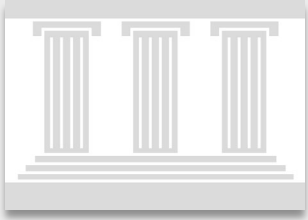


Women Physicians Leadership Academy





The Medical, Education & Scientific Foundation of New York

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Facilitators

Fall: Geraldine McGinty, MD

Winter: Tochi Iroku-Malize, MD

Planning Workgroup Members

- | | | |
|------------------------|---------------------------|-------------------------|
| ❖ Bonnie Litvack, MD | ❖ Bernadette Riley, DO | ❖ Juliana Cialdella |
| ❖ Maria Basile, MD | ❖ Stavroula Savelidis | ❖ Mariia Bilorosiuk, MD |
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| ❖ Sandhya Malhotra, MD | ❖ Katerina Paraskevas, MD | ❖ Erica Breyman |

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Enhancing Physician Wellness and Wellbeing Subgroup Members

- ❖ Tochi Iroku-Malize, MD, Facilitator
- ❖ Bonnie Litvack, MD, Workgroup Chair
- ❖ Juliana Cialdella, Subgroup Chair
 - ❖ Roberta Gebhard, DO
 - ❖ Susan Zwanger, MD
 - ❖ Sandhya Malhotra, MD
 - ❖ Elisa Choi, MD
 - ❖ Maria Basile, MD

Agenda – March 2, 2025

7:30-7:45 a.m.

Academy opens; people enter the academy.

7:45-7:50 a.m.

Welcoming remarks by MSSNY/MESF leadership

- **Jerome Cohen, MD, MSSNY President**
- **Brian Murray, MD, MESF Chair**
- **Bonnie Litvack, MD, WPLA Workgroup Chair**
- **Juliana Cialdella, WPLA Subgroup Chair**

7:50-8:05 a.m.

**Opening remarks by Tochi Iroku-Malize, MD,
Facilitator – explanation of what the morning will
bring and introduction of faculty**

8:05-8:25 a.m.

**Maria Basile, MD– *"Wellness Centered Leadership
Playbook, the Women's Perspective"***

8:25-8:45 a.m.

**Ada D. Stewart, MD– *"From Surviving to Thriving:
Promoting Well-Being in Women's Leadership
Journeys"***

8:45-9:05 a.m.

**Daisy Smith, MD– *"ACP's Well-Being Champion
Program"***

9:05-9:20 a.m.

Q&A

9:20-9:30 a.m.

Break

9:30-9:50 a.m.

**Zenobia Brown, MD– *"Caregiver Wellness Across
Intersections"***

9:50-10:10 a.m.

**Tricia Elliott, MD– *"From Me to Us: A Leader's
Journey to Building Institutional Wellbeing
Through Partnership"***

10:10-10:20 a.m.

Q&A

10:20-11:00 a.m.

**Bonnie Koo, MD–*"Financial Wellness for Women
Physicians"***

11:00-11:15 a.m.

**Conclusion: What's ahead – The Importance of
Networking**

Concerned... Tired... Sad...
Anxious... Embarrassed...
Lonely... Frightened...

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STATE OF NEW YORK



The Importance of Networking
Saturday March 15, 2025
7:45-11:15 am

Facilitator:

Tochi Iroku-Malize, MD

Faculty:

Nancy Engelhardt, PhD

Isabella Park, DO

Elisa Choi, MD

Jacki Moline, MD

Lou Edje, MD

Marilyn Heine, MD

