

**Jessica Fountas, PhD**, is a Licensed Marriage and Family Therapist practicing in New York and Connecticut. She is a Clinical Fellow of the American Association for Marriage and Family Therapy (AAMFT) and an AAMFT Approved Supervisor. Dr. Fountas also serves as an Assistant Professor in the School of Social and Behavioral Sciences at Mercy University, where she teaches courses in Marriage and Family Therapy.

Grounded in a critical social justice feminist perspective and informed by a social constructionist stance, Dr. Fountas' clinical orientation is rooted in collaborative, dialogic practices. She centers the therapeutic relationship as the primary agent of change, believing through collaborative meaning-making, clients can reconnect with their inner wisdom, rebuild self-trust, and access their innate intuition.

Dr. Fountas' scholarship explores clinical intuition, relational power dynamics, and the ways in which the intersections of patriarchy, capitalism, and new sexism impact embodied relational presence in the field of couple and family therapy.